

# Assessment of nutrients intake and morbidity pattern of Government and private doctors

VINITA SINGH AND ANOOP KUMAR

A study on the “assessment of nutrients intake and morbidity pattern of government and private doctors was conducted in Kanpur City of Uttar Pradesh. A total number of 100 Doctors were selected as respondents from the hospitals of Kanpur City using purposive random sampling technique. Survey was done by questionnaire-cum interview method. Findings reveal that the most of respondents were 40 and above age group. The maximum respondents were educated upto MBBS. Most of respondents belonged to Hindu religion. The nutritional status of government doctors was good due to consumption of energy, protein, fat, calcium, Iron, vitamin-A,  $\beta$  carotene Thiamine, Riboflavin and Niacin as compared to nutrients intake of private doctors.

**Key Words :** Assessment, Morbidity pattern, Nutrients intake

**How to cite this article :** Singh, Vinita and Kumar, Anoop (2017). Assessment of nutrients intake and morbidity pattern of Government and private doctors. *Food Sci. Res. J.*, 8(2): 395-397, DOI : 10.15740/HAS/FSRJ/8.2/395-397.

---

MEMBERS OF RESEARCH FORUM

**Author for correspondence :**

**VINITA SINGH**, Department of Food Science and Nutrition, C.S.A. University of Agriculture and Technology, KANPUR (U.P.) INDIA

Associate Authors' :

**ANOOP KUMAR**, Department of Food Science and Nutrition, C.S.A. University of Agriculture and Technology, KANPUR (U.P.) INDIA

---